



Saturday, August 12, 2017  
**Smith River Fest**  
 Walk, Trot or Run...Just Do The Helgramite Hustle!  
 More Info: [www.milesinmartinsville.com](http://www.milesinmartinsville.com)

**When:** Saturday, August 12, 2017, 2:00 p.m.

**Where:** Smith River Sports Complex; held in conjunction with Smith River Fest

**Registration:** \$40 until July 25th (with a t-shirt guarantee), \$45 from July 26th to August 11th, and \$50 on race day

**Includes:** Race swag, on-course music & aid-station, post-race food, live music, Micro-Brew Beer Garden, Free Drink Ticket & Free admission to Smith River Fest!

**Awards:** Overall Male/Female Winners and Male/Female Age Groups (5 year increments beginning at 9 & under)

**Packet Pick-up:** Saturday, August 12th, 10-1:30 at the Smith River Fest Festival Grounds

Please complete and return with registration fee to either YMCA

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age as of race day \_\_\_\_\_ Male/Female (please circle)

Phone # \_\_\_\_\_ E-mail Address \_\_\_\_\_

T-Shirt Size *No shirt guarantee after July 25th*

\_\_Adult S \_\_Adult M \_\_Adult LG \_\_Adult XL \_\_Adult XXL

Waiver: In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in Helgramite Hustle 5K Mud Run, and do hereby release the Family YMCA Inc., all sponsors, workers, officials and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all rules for participation, and acknowledge that the event committee may refuse my entry at its discretion. I further grant permission for the YMCA to use any photographs, motion pictures or other recording of the event for legitimate purposes. I HAVE NOTED ANY MEDICAL CONDITIONS on the reverse side of this form. I verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in the event.

Entry Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(required of entrants under 18)

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Presented By:



Title Sponsors:



**MARTINSVILLE BULLETIN**