

A FORM AND FEE IS REQUIRED FOR EACH INDIVIDUAL RACE PARTICIPANT



When: November 28, 2013

Time: 9:00 AM

Where: A partially wooded course that starts at the YMCA and winds along the Silverbell Trail and the Dick & Willie Passage

Registration*: \$20 until November 18th
\$25 from November 18th to Race Day

Awards: Overall awards will be given for top three overall male and female participants, master and grand master. Age Group Awards will be given to top three male and female in ten year age groups beginning with 14 and under, and ending with 70 and over. For those registering in the family division, there will be top three awards for families crossing the finish line as a group.

Includes: Awesome race swag, delicious post-race snacks, and a finisher's award for all! Your chance to win a turkey, pumpkin, acorn, or maple leaf shaped cutting board.

INDIVIDUAL DIVISION **FAMILY DIVISION**

Families must consist of a minimum of two generations. Families are asked to cross the finish line as a group. All members must be listed on this form. Registration and payment for the entire group must be received at one time.

First Name _____ **Last Name** _____

Street Address _____

City _____ **State** _____ **Zip** _____

Date of Birth ____ / ____ / ____ **Age** (as of race day) _____ **Male** | **Female** (circle one)

E-Mail _____ **Phone Number** _____

Family Members _____

Waiver: In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Turkey Day 5K and Family Fun Run, and do hereby release Activate MHC, the Martinsville YMCA, all sponsors, workers, officials and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules for participation, and acknowledge that the Race Committee may refuse or return my entry at its discretion. I HAVE NOTED ANY MEDICAL CONDITIONS on the reverse side of this form. I verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in the event.

Entry Signature _____ **Date** _____

Parent's Signature (required of entrants under 18) _____ **Date** _____

Emergency Contact _____ **Phone** _____

Title Sponsor:



* Checks should be made payable to **YMCA**.
Registrations may be turned in at the **Martinsville YMCA** or mailed to:

Activate MHC
3 Starling Avenue
Martinsville, VA 24112

Presented By: _____



online registration available at: _____

www.milesinmartinsville.com



Supporting Outreach Programs of the YMCA and Activate MHC